Cultural Heritage Programs



Celebrate cultural heritage with new 55+ Active Adults seasonal programming

From art and music to dancing, cooking and storytelling, connect with our welcoming community and explore inspiring new seasonal experiences.

Learn more at **www.clarington.net/ActiveAdults**.

Class	Day	Time	Location	Fee	Code
Memoir Writing: Telling your Cultural Story	Sept 24 (10 weeks)	10:30 a.m. to 12:30 p.m.	Alan Strike Aquatic and Squash Centre	Free	51925
Red Dress Pin - Workshop	Sept 24	9 a.m. to 3 p.m.	South Courtice Arena	Free	52221
Cooking Workshops: Ukrainian	Oct 2	1 to 3 p.m.	Courtice Community Complex	Free	52111
Storytelling	Oct 14 (4 weeks)	11 a.m. to 1 p.m.	Alan Strike Aquatic and Squash Centre	Free	52220
Cooking Workshops: South Asian	Oct 16	1 to 3 p.m.	Courtice Community Complex	Free	52112
Cooking Workshops: Chinese	Oct 30	1 to 3 p.m.	Courtice Community Complex	Free	52113
Zentangle (Indian Mandala)	Nov 6	10:30 to 11:30 a.m.	Diane Hamre Recreation Complex	Free	51899
Paint Day (Indigenous Turtle)	Nov 6	12 to 2 p.m.	Diane Hamre Recreation Complex	Free	51863

Class	Day	Time	Location	Fee	Code
Irish Set Dancing Workshop	Nov 7	2:30 to 4:30 p.m.	Courtice Community Complex	Free	52216
Cooking Workshops: Indigenous	Nov 13	1 to 3 p.m.	Courtice Community Complex	Free	52114
Fall Dance	Nov 21	6 to 9 p.m.	Garnet B. Rickard Recreation Complex	$21.56	52561
Cooking Workshops: Dutch	Nov 27	1 to 3 p.m.	Courtice Community Complex	Free	52115
Cooking Workshops: Jamaican	Dec 11	1 to 3 p.m.	Courtice Community Complex	Free	52116
Indian Dances: Classical and Folk	Oct 9	11 a.m. to 1 p.m.	Garnet B. Rickard Recreation Complex	Free	52923

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Canada

